

2024 ATLANTIC CANADIAN ARTISTIC GYMNASTICS CHAMPIONSHIPS
April 26-27th, 2024 | RBC Centre 259 Commodore Dr. Dartmouth, NS

Friday, April 26th				
WAG	Session 1	Session 2	Session 3	Session 4
	CCP 4 ALL AGES (42 athletes)	CCP 5 ALL AGES (27 athletes)	CCP 6 AR, TY, CCP 7 AR, TY (31 athletes)	CCP 9, CCP 10 (29 Athletes)
	Check in 7:00 AM	Check in 10:45 AM	Check in 1:15 PM	Check in 4:30 PM
	Warmup 7:15 AM	Warmup 11:00 AM	Warmup 1:30 PM	Warmup 4:45 PM
	Compete 7:30 AM	Compete 11:15 AM	Compete 1:45 PM	Compete 5:05 PM
	Awards 10:15 AM	Awards 1:00 PM	Awards 4:15 PM	Awards 8:20 PM
*Opening Ceremony 10:30am			*No team awards	

Saturday, April 27th			
WAG	Session 5	Session 6	Session 7
	CCP 6 NO, OP (38 athletes)	CCP 7 NO, OP (34 athletes)	CCP 8 ALL (26 athletes)
	Check in 7:00 AM	Check in 10:45 AM	Check in 2:15 PM
	Warmup 7:15 AM	Warmup 11:00 AM	Warmup 2:30 PM
	Compete 7:30 AM	Compete 11:15 AM	Compete 2:45 PM
Awards 10:00 AM	Awards 1:45 PM	Awards 5:15 PM	
MAG	Session 5	Session 6	Session 7
	P1 ALL AGES (41 athletes)	P2 ALL AGES, P3 13+ (32 athletes)	Aspire, P3 U13, P4, P5, NO (26 athletes)
	Check in 7:00 AM	Check in 10:45 AM	Check in 2:15 PM
	Warmup 7:15 AM	Warmup 11:00 AM	Warmup 2:25 PM
	Compete 7:30 AM	Compete 11:15 AM	Compete 2:45 PM
Awards 10:30 AM	Awards 2:00 PM	Awards 5:45 PM	
ATHLETE BANQUET 7-9PM BEST WESTERN DARTMOUTH			



BIRTHYEARS FOR WAG CATEGORIES: ARGO 2014-2015, TYRO 2012-2013, NOVICE 2010-2011, OPEN 2009 & older